

## FAITH AND ABILITIES MINISTRY

Faith and Abilities is a ministry that supports those family members and friends living with a disability and caregivers of the elderly and sick. We try to have one mass a year and we also have a day of pampering in which we offer spa services to those who are caregivers. We have many volunteers who give of their time to have a day filled with love, lunch and pampering.

**A Day of Pampering:** This is a day just for you who give so much. For any women who care for a loved one with a long term illness or disability. It is our way to say thank you and give you the opportunity to enjoy a day just for you. Held in the spring every year.

Here are some responses from people who have attended this event:

“I cannot begin to tell you how much this benefitted me. And my husband, whom I care for 24/7, who has a refreshed wife and caregiver....VERY REFRESHED! God “Bless you all! I just can’t thank you enough.”

“The food, massage, guest speaker and prayer time were all great! I truly needed this!”

“I get very little me time. Your acts of kindness and love couldn’t have come at a more needed time and was so touching to me. Everything was wonderful. God bless you all!”

“A Faith Filled amazing day!”

“The blessing of hands touched my heart. Thank you!”

